

# MY DOCTORS GLENQUARIE MEDICAL CENTRE QUATERLY NEWSLETTER- November 2025

Shop 38, Glenquarie Town Centre, 14 Brooks Street, Macquarie Fields NSW 2564 **Phone**: 02 9158 8689

Our priority is to provide a safe environment for our patients and staff.

This newsletter is for your information about the Medical Centre and WELCOME both face to face and Tele-health consultations.

### **Operating Hours**

Monday – Friday: 08.00 am to 18.00 pm Saturday – Sunday: 09.00am to 16.00 pm

Public Holidays- Closed

## WELCOME WORLD DIABETES DAY on the 14<sup>th of</sup> November 2025 & DIABETIC AWARENESS

Raising awareness about the impact of diabetes on people's health and to highlight the opportunities to strengthen the prevention, diagnosis and treatment of diabetes. Our GPs can get you involved in the Diabetes case conferencing clinic if eligible. Contact our GPs for a consultation

#### **HOW DO I MAKE AN APPOINTMENT?**

Appointments can be made in the following ways.

-Telephone

-Book an online consultation via HotDoc App. Alternatively, you can contact us via email: <a href="mailto:info@mydrs.com.au">info@mydrs.com.au</a>

# WHAT IF I HAVE TO ATTEND THE SURGERY?

If you attend the Medical Centre, you can be assured that we have a strict COVID infection control process in place for your safety. When you attend, wearing a face mask is recommended to reduce the risk of infection.

We are spacing appointment times and seating areas, so there are a limited number of patients

on-site at any one time. Therefore, the Medical Centre staff will be wearing (personal protective equipment (PPE) when they see you. Before you attend, you will be asked whether you have any 'covid type' of symptoms, i.e., cough, runny nose, sore throat or fever. If you have any suspected covid symptoms or are instructed by the Public Health Unit to self-isolate, please do not attend and organise a Tele-Health appointment with a doctor.

## **HOW ARE do we care for OUR PATIENTS?**

If you have a long-term health condition, the surgery will continue to look after your health issues or chronic conditions. Your Doctor or Nurse will arrange a longer consult/management plan.

# HAVE YOU CHANGED YOUR CONTACT NUMBERS?

You must INFORM US WHEN YOU CHANGE YOUR CONTACT NUMBER. Otherwise, we may not be able to contact you when required.

#### PRESCRIPTIONS FOR MEDICATIONS

Please allow 2-4 hours for your scripts to be faxed to the pharmacy of your choice.

Alternatively, you can request the GP to send through the prescription via eRX during the time of your consultation.

#### **BLOOD TESTS**

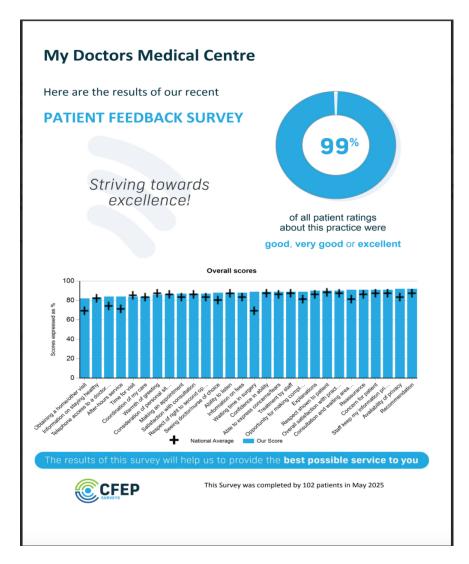
Laverty Pathology is on-site the following days:
Monday to Friday- 0800am-1500pm
Saturday 09.00 am-12.00 pm
You can also attend another local Pathology
Collection Room if you cannot attend the surgery.



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### YOUR FEEDBACK IS IMPORTANT TO US



What have you told Us?	What have we done?
Needs more female doctors	We have discussed this with the management and recruitment team to have an urgent drive on recruitment of female doctors.
Hard to get a booking – busy	This feedback has been escalated to the management & recruitment team to drive for recruitment of more doctors to our medical centre.